

Vermont Department of Education Linking Health & Learning e-Bulletin

September 16, 2009

News and General Announcements

New! Technology Grants for Health Education (7-12) and Physical Education (K-12) **Deadline: October 30, 2009**

The Vermont Department of Education is pleased to announce a grant opportunity for the purchase and use of technology in K-12 physical education and health education. Up to \$40,000 will be available through state-wide competitive grants for each content area. To access the application click [here](#). For more information contact donna.mcallister@state.vt.us (802) 828-1636 or lindsay.simpson@state.vt.us (802) 828-1461.

Promising District Practices - New Web-Resource

The National School Boards Association (NSBA) is pleased to announce a new Website to share success stories related to district-level school health policies and practices. The resource features a searchable database of school district successes in developing, implementing, and evaluating policies and practices that address health risk behaviors and health promotion. The stories are submitted by school districts and schools across the country. Vermont professionals are encouraged to submit school health success to NSBA for possible publication using the online submission form. By providing your story and guidance, you can help others build effective school health approaches that may strengthen students' health and education outcomes. To explore the resource click [here](#). For more information, contact NSBA's School Health Programs at schoolhealth@nsba.org.

Grant and Funding Opportunities

Healthy-Living School Grants from Cabot Creamery

Deadline: rolling

Need help to put on a wellness fair, start a nutrition workshop, or implement another idea at your school? Cabot Creamery will provide matching funds of up to \$200 for any qualifying program, because our farmers want to help you grow healthy kids! Click [here](#) to find out more about this grant and to find our free health posters and nutrition education materials.

School Food Service Funding from the Vermont Agency of Agriculture

Deadline: October 15, 2009

The Vermont Farm to School Grant program at the Agency of Agriculture provides funding for schools to incorporate local food and farm culture into cafeterias, classrooms and communities. Funding is available for the 2010 year. The Agency will be hosting an informational conference call about the grant program on September 17, 2009 at 3pm. Through the Vermont Dairy Promotion Council the Agency of Agriculture also has funding available to subsidize the purchase of milk vending machines and milk coolers for Vermont schools. The Dairy Vending Grants are matching funds of up to \$2,000 and are available until December 2009. For more information on both funding opportunities and to register for the conference contact Koi Boynton directly at (802) 828-2084 or koi.boynton@state.vt.us or visit www.vermontagriculture.com

Healthy Sprouts Award from Gardener's Supply Company

Deadline: October 17, 2009

To encourage the growth of health-focused youth gardens, the National Gardening Association (NGA) recognizes outstanding programs through the Healthy Sprouts Awards, which are sponsored by Gardner's Supply Company. These awards support school and youth garden programs that aim to teach children about nutrition and the issue of hunger in the United States. Eligible applicants include schools or organizations that intend to garden in

2010 with at least 15 children between the ages of 3 and 18. An expected 20 programs will be awarded with gift certificates to purchase gardening materials, nutrition lessons with NGA's Eat a Rainbow Kit, plus seeds and literature. For more information and to access the application click [here](#).

National Gardening Association Announces Youth Garden Grants Program

Deadline: November 2, 2009

The National Gardening Association (NGA) has announced that the Home Depot is returning as the Youth Garden Grants sponsor for 2010. NGA annually awards Youth Garden Grants to schools and community organizations with child-centered garden programs across the United States. Schools, youth groups, community centers, camps, clubs, treatment facilities, and intergenerational groups throughout the United States are eligible. Applicants must plan to garden with at least 15 children between the ages of three and 18 years. For the 2010 grant cycle, 100 grants are available. Five programs will each receive gift cards valued at \$1,000. Ninety-five programs will each receive a \$500 gift card and educational materials from NGA. Click [here](#) for the application.

Hidden Valley Salad Dressings - Love Your Veggies Grant Program

Deadline: November 6, 2009

The makers of Hidden Valley Salad Dressings are now accepting applications for the 2009-10 Love Your Veggies grant program. The purpose of the program is to help schools execute innovative programs that will increase the access to, and consumption of, fresh fruits and vegetables in the lunchroom. Ten \$10,000 grants will be awarded to elementary schools across the US to support the development of a vegetable program offering fresh produce to be implemented as early as April 2010 and lasting through the 2010-2011 school year. Please click [here](#) for more information and program guidelines.

Fuel Up to Play 60 Grant Applications

Deadline: November 13, 2009

New England Dairy & Food Council in partnership with the New England Patriots announces grants to implement a school wellness program called Fuel Up to Play 60 program. Mini-grants up to \$500 are available to schools and school districts in CT, MA, NH, RI or VT to implement healthy eating and physical activity action strategies and a wellness promotion kick off event. Grants up to \$1,000 are available to implement larger initiatives such as programs to make school breakfast more accessible; to spruce up the cafeteria with fresh paint and signs from our restyle catalog; to carry out monthly themed events to promote healthy eating and physical activity. Grants will be awarded November 30, 2009. For more information, click [here](#). To apply for a grant, click [here](#). For questions, contact Jill Goodroe jgoodroe@newenglanddairy.com

New Look of School Milk Grant

Deadline: November 30, 2009

NE Dairy & Food Council is offering funding up to \$1000 per 500 students enrolled for schools that start the *New Look of School Milk* (NLSM) program in 2009. Funding supports cow-spotted milk merchandisers, signage and/or menu boards for school cafeterias. NLSM includes milk in plastic with all school lunches in multiple flavors and improved merchandising of milk through coolers and marketing. To qualify schools must participate in the USDA School Meals Program and offer milk in plastic with all school lunches. Funding is available on a first come, first served basis. For more information, contact Jill at jgoodroe@newenglanddairy.com or click [here](#).

Tommy Wilson Memorial Grant

Deadline: December 1, 2009

The American Association for Physical Activity and Recreation (AAPAR) has reconfigured a past award into a new grant opportunity. The Tommy Wilson Memorial Grant will give up to \$1,500 to a nonprofit entity to directly support recreation programs for people with disabilities. Click [here](#) for the application.

Vermont First Tee National School Program Grant

Deadline: December 15, 2009

Vermont elementary schools are invited to apply for a grant for the Vermont First Tee National School Program for spring 2010. The program goal is to establish a lifelong interest in golf by engaging young people (K-5) in a structured golf curriculum that promotes personal character development within the physical education setting. For more information about the program, click [here](#). Forty-eight Vermont elementary schools currently participate in the program. For more information, contact Richard H. Mihlrad, President, Vermont Golf Association, at (802) 645-1907 or rmihlrad@sover.net.

Professional Development Opportunities

For a Calendar of Vermont Department of Education-Sponsored Events click [here](#)

Online Course: EDHE 200-94601 Personal and Community Health Concepts for Educators

September 21 - December 4, 2009

Offered by the Vermont Higher Education Collaborative this 11-week intensive online course is a comprehensive study of personal health with emphasis on mental and emotional health; stress management; self esteem; nutrition/diet & eating disorders; fitness & exercise; communicable and degenerative diseases; personal safety; health literacy and advocacy, and consumer health. The course is one of many offerings designed for teachers to attain health education licensure. This online course will be offered through the VTHEC and UVM by Emina Burak, Msc.Ed. For further click [here](#) or contact MJ Peters at mj.peters@vthec.org or (802) 498-3350.

Conflict Resolution

September 22, 2009

Fairlee, VT

When we communicate we know what we are trying to convey to the listener but we spend too little effort attempting to understand what the other person is trying to convey. The inevitable effect of each person talking, but not listening, is conflict. This training teaches three key skills and a theoretical framework that will foster healthy and productive conversations, relieve the stress of conflict and break the cycle of misunderstanding. For more information and to register click [here](#).

Michigan Model Training

September 24, 2009

Shelburne, VT

This free training on *Michigan Model for Comprehensive School Health Education* K-12 curriculum will prepare teachers to facilitate interdisciplinary learning through lessons that integrate health education into other curricula, including language arts, social studies, science, math and art. Teacher training in the implementation of the Model ensures that students and their schools as a whole get maximum benefits from this carefully structured program. For more information please contact info@cbeeducationalservices.org or call (802) 754-2611. To register, click [here](#).

Introductory Forum on School-Wide Positive Behavioral Supports with Dr. Sugai

September 30, 2009

Killington, VT

This training is a learning opportunity for individuals and schools who are exploring Positive Behavioral Supports (PBS) and possible school-wide implementation for Fall 2010. School-wide PBS is a systems approach to social competence for all children. For more information and a link to the flyer and registration form click [here](#). Schools are encouraged to attend as teams with a principal or assistant principal. Cost is \$25 per person. Registration deadline is September 20, 2009. Contact: Sabine Baldwin at (802) 828-1636 or sabine.baldwin@state.vt.us; or UVM contact: Anne Dubie at (802) 656-5775 or anne.dubie@uvm.edu

Know Your Body

September 30, 2009

St. Johnsbury, VT

This Free *Know Your Body* (KYB) training emphasizes individual responsibility for health and lays a firm foundation for children, grades K-6, to make health-promoting decisions. Easy to implement, filled with wonderful learning activities for integrating health education into the general curriculum, this is an outstanding choice for elementary schools. Each grade level has 12 modules with the same subject focus, but different lessons, which enables continuous exposure and scaffolding of concepts, knowledge and skills across grade levels. Behavioral goals are geared toward outcomes that children of this age can realistically achieve, such as breakfast and snack choices and asking adults to not smoke in their presence. For more information and to register click [here](#).

Online Course - Alcohol, Tobacco and Other Drug (ATOD) Education

October 5 – November 16, 2009

Online

In order to promote consistency in the delivery of ATOD education training throughout Vermont, the Center for Health and Learning has developed a set of comprehensive ATOD education objectives. This interactive online course uses the objectives to address pharmacology, the continuum of chemical use, chemical dependency in the family, societal and personal attitudes, policy and legal issues, support and referral for students in distress, curriculum development, school climate and drinking and driving. Instructors: JoEllen Tarallo-Falk, Ed.D., C.H.E.S.; Debby Haskins, M.S., LADC, CCS. For more information and to register click [here](#).

Prevention Ethics

October 6, 2009

Rutland, VT

Designed to meet the requirements for the prevention-specific ethics needed for prevention certification, this workshop will teach you how to: understand ethics from a historical perspective; list the six principles of ethics for prevention practitioners; use an ethical decision-making model for dealing with ethical dilemmas; examine cases using the ethical decision-making model; and develop a personal professional plan for future growth in the field of prevention. For more information and to register click [here](#).

Professional Development Program for Dealing with Children of the Military

October 6-7, 2009

Northfield, VT

The Military Child Education Coalition's™ Living in the New Normal (LINN)™ training is a two-day professional development program that prepares school guidance professionals, educators and community members to recognize and address the issues faced by children dealing with separation from a loved one or experiencing trauma, grief and loss due to the loss or injury of a loved one. The MCEC's LINN™ efforts are predicated on the belief that children's inherent attributes of courage and resiliency can be strengthened through deliberate encouragement. To learn more and to register by September 30, 2009 click [here](#) or call Amanda Hulsey at (254) 953-1923.

Vermont Association of School Psychologists, Fall Conference 2009

October 16, 2009

Colchester, VT

This conference is titled 'Resilient Classrooms'/'Resilient Playgrounds': Creating healthy environments for learning and establishing effective playgrounds where students are socially successful and feel safe from bullying or intimidation. For more information and to register click [here](#).

Annual SAP Counselor/Tobacco Coordinator Conference

October 21-22, 2009

Rutland, VT

SAPs can register [here](#). Tobacco Coordinators, please contact Kate Larose at (802) 828-0565 or kate.larose@state.vt.us to register.

Serving Up Sensible Snacks and Beverages in Schools

October 22, 2009

Williston, VT

October 23, 2009

Brattleboro, VT

Making changes in foods and drinks that schools sell to students outside of school meals can

be daunting, but it doesn't have to be. This day-long institute will help state stakeholders, school teams and other partners choose resources and share strategies to implement the Vermont Nutrition Policy Guidelines for competitive foods and beverages while maintaining or boosting revenue opportunities. Participants will include: School Administrators, Food Service Directors, Athletic Directors, School Nurse, School Store Managers, School Business Officers, State Stakeholders, Community-based Partners, and Parents. Four CEUs will be available for each workshop which is sponsored by Vermont Action for Healthy Kids in collaboration with the Alliance for a Healthier Generation and the Center for Health and Learning. For more information contact (802) 254-6590 or info@healthandlearning.org. To register for this training, click [here](#)

Lifelines Suicide Prevention Trainings

October 14-15, 2009

Killington, VT

November 4-5, 2009

Montpelier, VT

The Center for Health and Learning offers a number of fall trainings for the Vermont Youth Suicide Prevention Project, which is funded by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA). *The Lifelines Program for Suicide Prevention: Creating Communities of Hope* will be offered at the above dates/times. These trainings are considered a prerequisite for the implementation of the *Lifelines* curriculum in Vermont middle and high schools. To register click [here](#). For information on *Lifelines*, as well as the Vermont Youth Suicide Prevention Project, contact Brian Remer, Center for Health and Learning, at (802) 254-6590 or brian@healthandlearning.org.

Vermont Freemasons C.A.R.E. Follow-Up Day

November 9, 2009

Woodstock, VT

This follow-up day will provide past C.A.R.E. participants with the opportunity to reflect on what you've learned and implemented, while sharing your successes and challenges with others. For information contact Donna McAllister at (802) 828-1636 or donna.mcallister@state.vt.us.

Vermont Association For Health, Physical Education, Recreation, and Dance (VTAHPERD) Annual Conference "Healthy Bodies, Active Minds"

November 12-13, 2009

Killington, VT

Click [here](#) for a complete conference outline including topics in all discipline areas. Guest speakers will include Dana Brooks (AAHPERD President), Irene Cucina (EDA-AAHPERD Board of Governors), Teresa Osborne (Dance Specialist), and Jacob Sattelmair and Susan Pelican from the *Ratey Institute* speaking about the book *SPARK*. Join the fun as we explore our *Healthy Bodies and Active Minds*. Registration starts September 8, 2009.

Helping Children Understand Autism Spectrum Disorder Creating a Culture of Inclusion

November 20, 2009

South Burlington, VT

This conference will be facilitated by Heather McCracken of Friend 2 Friend Social Learning Society and presented by Puppets In Education, Inc. (the umbrella organization of Kids on the Block-Vermont). Participants will learn: the special needs of children with autism; how to communicate these needs to build empathy and foster caring relationships; the concepts and components of the Friend 2 Friend Model; how to foster peer socialization and integrated play between children with ASD and their typically developing peers. For more information click [here](#) or contact Sarah at (802) 860-3349 or Sarah@KidsontheBlockVermont.org

Save the Date - Vermont Freemasons C.A.R.E. Training

March 30-31, 2010

South Burlington, VT

This training opportunity for your school is designed to create an informed team who will help identify and provide appropriate guidance for students at-risk for substance abuse, depression, suicide or violence. For more information contact Donna McAllister at (802) 828-1636 or donna.mcallister@state.vt.us. Registration will be in January.

Save the Date - Vermont Healthy Schools Summer Institute 2010

June 30-July 2, 2010

Northfield, VT

Join us for this three-day institute designed to empower school health professionals as innovation leaders to ensure a student-centered education system. By the end of the institute participants will have...

- Explored data and rationale that build a case for transforming educational practices.
- Interpreted elements of student-centered learning for their local system.
- Examined their role in transformation of the educational system.
- Identified opportunities for collaboration.
- Developed a plan to influence change towards a student-centered learning environment.

Look for more information and registration coming soon in this e-bulletin.

Center for Health and Learning (CHL)

The Center for Health and Learning offers educational events and professional development opportunities that are designed to help schools create optimal conditions for learning and assist students and their families to make informed decisions about their health. For a complete schedule, visit the calendar at www.healthandlearning.org or call (802) 254-6590.

As a service to its users, the Department of Education offers links from its Web site to resources and Web sites developed by other organizations. These links are provided as a resource only. Unless specifically stated, the inclusion of such links does not imply endorsement or support of information, products or services offered by an organization other than the Department of Education. Information contained on such linked resources should be independently verified.

To unsubscribe, or subscribe, to the Linking Health & Learning Bulletin, contact Lindsay Simpson (802) 828-1461 or lindsay.simpson@state.vt.us